

# COMMUNITY RESOURCE LIST

November 6, 2015

**This list is provided by request as a resource for parents in the community seeking outside assistance for their child(ren). Spring-Ford Area School District does not endorse nor recommend any specific provider listed, and is in no way responsible/liable for payment of services based upon sharing this list of local providers.**

## PROVIDERS WORKING WITH CHILDREN and ADOLESCENTS:

Provider Name	Contact Information	Notes
Brightside Counseling	Matthew Mark Albright Alphonso Nathan Route 113 & Cross Road PO Box 255 Lederach, PA 19450 215-264-2272 <a href="http://www.brightsidecounseling.org">www.brightsidecounseling.org</a>	Services for children, adolescents and families. Home based services, individual, group, couples, family therapies; social skills groups, adolescent groups, teen groups.
Central Montgomery Mental Health	1201 DeKalb Street Norristown, PA 19401 610-279-9270 <a href="http://www.centrmhmr.org/orchard">www.centrmhmr.org/orchard</a>	Outpatient services for all age groups (pre-school to teens to seniors); wraparound services; family based services; substance abuse intervention for adolescents and adults; preschool intervention program designed to meet the needs of children ages 3 to 5 who have behavioral, social and emotional difficulties
Chester Counseling Center	Brad Ramsey 1041 West Bridge Street Suite 7 Phoenixville, PA 19460 610-933-8880 <a href="http://www.chestercounselingcenter.org/">http://www.chestercounselingcenter.org/</a>	Screening, assessment, intervention, substance abuse treatment, individual, group and family counseling, DUI group, forensics group/drug court, specialized programming for Spanish speaking only persons, dual disorder groups
Child and Family Focus	11 Davis Road #2-300 Valley Forge, PA 19481 610-783-1788 <a href="http://www.childandfamilyfocus.org/">http://www.childandfamilyfocus.org/</a>	Faith based agency that provides counseling and support services for youth and their families; therapeutic foster care; respite care; wraparound services
Child Guidance Resource Center	2488 Sanatoga Road Pottstown, PA 19464	Behavioral Rehabilitation services; counseling for children and family based intervention; after school program for children with Autism

	610-326-3008 cgrc.org	Spectrum Disorder (ASD); special education school for grades 1-3 for kids struggling emotionally or socially or diagnosed with ASD
Children's Center for OCD & Anxiety	3138 Butler Pike Suite 200 Plymouth Meeting, PA 19462 484-530-0778 <a href="http://childrenscenterocdanxiety.blogspot.com/">http://childrenscenterocdanxiety.blogspot.com/</a>	Psychologists use cognitive behavior therapy techniques for treatment of a full array of anxiety disorders in children and adults
Community Services of Devereux	Maggie Cappelli 1041 West Bridge Street Phoenixville, PA 19460 610-933-8110 x1200 <a href="mailto:macappell@devereux.org">macappell@devereux.org</a> <a href="http://www.devereux.org">www.devereux.org</a>	Blended case management, resource coordination, behavioral health rehabilitation services, family based mental health services, school based services, outpatient therapy including medication management, psychiatric and psychological evaluations; autism assessment center in Downingtown location.
Linda Copel	Linda Copel 2256 Georgetown Drive Malvern, PA 19355 610-644-2171	Extensive experience providing counseling to individuals, couples, and families, especially those affected by family violence. Has studied partner abuse in both disabled and non-disabled women, focusing on verbal abuse, physical injuries, and the process of extrication from abusive situations.
Council for Relationships	317 Exton Commons Exton, PA 19344 610-594-9808 <a href="http://www.councilforrelationships.org">www.councilforrelationships.org</a> *Multiple locations	Services include, but are not limited to, relationship/marital issues, bereavement, chronic illness, child and adolescent problems, addiction, LGBT issues, trauma, eating disorders, depression and anxiety. All individuals, couples and families from the Greater Philadelphia area are welcome, with services available in nine locations throughout the region.
Creative Health Services, Inc.	Frank Pogash 1 Mennonite Church Road Spring City, PA 19475 610-948-6490 <a href="http://creativehs.org/">http://creativehs.org/</a>	Services for children, adolescents and adults. Mental health evaluations and counseling; in-home services, wrap around services, family based services, couples work with adults, life coaching with families, Student Assistance Programs.
Fairview Counseling Center	Lynne Rittenhouse 2960 W Germantown Pike Fairview Village, PA 19403 (610) 630-8540 <a href="http://www.fairviewcounseling.com/">http://www.fairviewcounseling.com/</a>	Counseling services to address depression, anxiety, stress, family and childhood difficulties, divorce, drug and alcohol issues, eating disorders, and gender issues.
Cornerstone Counseling and	Staci Connolly 639 Swedesford Road	Depression, Generalized Anxiety Disorder, Posttraumatic Stress Disorder (PTSD), Stress, Adult/Childhood ADHD, Panic Disorder &

Wellness	Malvern, PA 19355 610-616-5935 <a href="http://www.cornerstonetherapy.com">www.cornerstonetherapy.com</a>	Agoraphobia, Obsessive-Compulsive Disorder (OCD), Specific Phobias, Bipolar Disorder, Grief/Loss, Personality Disorder, Autism Spectrum Disorders, Gay/Lesbian Issues, Parenting Issues, School Issues, Aging, Infertility Issues, Co-Dependency, Divorce Recovery, Marriage/Couples Issues
Indian Creek Foundation	420 Cowpath Road Souderton, PA 18964 267-203-1500 <a href="http://www.indcreek.org">www.indcreek.org</a>	Services for children and adults with intellectual or developmental disabilities and for their families. Behavioral health services for children with autism or dual diagnosis include: Intake/ Extended Assessment, Behavioral Health Rehabilitation Services- Wraparound (BHRS), the Outpatient Mental Health Center, Therapeutic After School Program (TASP) for children with an autism spectrum disorder, Summer Therapeutic Activities Program (STAP), Behavior Support and Social Skills Program. STAR program provides social, recreation and educational resources for people age 16 and older with an intellectual or developmental disability. Vocational program for adults with intellectual or developmental disabilities also available.
Innovative Counseling Associates	Kathy Walters David Hildebrand 601 Creekside Drive Suite 601 Pottstown, PA 19464 610-326-2728 <a href="http://innovativecounseling.info/">http://innovativecounseling.info/</a>	Individual and family counseling services for children, adolescents and adults, dealing with stress/anxiety, depression, parenting skills, marriage, crisis intervention, alcohol and drugs, interpersonal relationships, job/school difficulties, self-control, weight control, DUI counseling, children of chemically dependent persons, relapse prevention
Progressions Behavioral Health Services	1566 Medical Drive Pottstown, PA 19464 610-970-5000 <a href="http://www.pbhsi.com">www.pbhsi.com</a>	Outpatient therapy for individuals, couples, families and group therapy, for children and adults struggling with mental illness and behavioral issues. Behavioral Health Rehabilitation Services (BHRS), wrap-around services, psychiatric medication management, school-based outpatient, school therapeutic services, parent-child interaction therapy, and adult autism waiver services.
Psychology and Counseling Associates	Dr. Jeffrey Walters, Dr. Susan Edgar Smith  555 Second Avenue Collegeville, PA 19426 610-489-6240	Individual, family, couples and psychiatric therapy. Evaluations/medication management, marital therapy, stress management, parenting skills training, EDMR, hypnosis, cognitive behavioral therapy for insomnia, groups and workshops.  Psychotherapy for children, adolescents, and adult dealing with

	<p>2091 East High Street Pottstown, PA 19464 610-970-5234</p> <p>595 Bethlehem Pike Montgomeryville, PA 18936 215-822-5553 <a href="http://www.psychologyandcounseling.net">www.psychologyandcounseling.net</a></p>	<p>depression, anxiety, bipolar disorder, behavior and school problems, emotional health, abuse issues, addictions, anger, eating disorders, marital conflict/relationship issues, separation/divorce, ADHD, adult children of dysfunctional families, chronic pain, developmental delay, teen issues, aging issues, stress, PTSD, trauma, sleep issues, chronic dissatisfaction, grief, self-esteem, parenting concerns and coping with medical illness.</p>
<p>Psychotherapist at The Weldon Center</p>	<p>Molly Miller 101 Lindenwood Drive Malvern, PA 19355 610-425-7311 <a href="http://www.MollyMillerTherapy.com">www.MollyMillerTherapy.com</a></p>	<p>Services for children, adolescents and adults; individual, family and couples therapy and career counseling. Areas of focus: ADD, anger management/impulse control, anxiety disorders, behavioral, emotional and school difficulties in children, bipolar disorder, bullying, chaotic eating, chronic illness, co-occurring disorders/substance abuse, cutting behaviors, depression/mood disorders, effective communication, family conflict, parenting, parental stress, sibling difficulties, grief/loss, LGBTQ issues, parental divorce, play therapy, relationship difficulties between parent/child, self-compassion, stress, thought disorders, trauma and weight loss.</p>
<p>Shelby Riley</p>	<p>233 Byers Road Suite 7 Chester Springs, PA 19425 610-883-3333 <a href="http://www.ShelbyRileyMFT.com">www.ShelbyRileyMFT.com</a> <a href="http://www.FamilyHelpToday.com">www.FamilyHelpToday.com</a></p>	<p>Services for children, teens and adults. Individual, couple, family, play and sand tray, and group therapy--managing life transitions, resolving issues of trauma and abuse, improving family relationships</p>
<p>Sanctuary Counseling</p>	<p>Sara Grove 1125 Ben Franklin Hwy West Douglassville, PA 19518 610-385-3155 <a href="http://www.sanctuarycounseling.com">www.sanctuarycounseling.com</a> <a href="mailto:info@sanctuarycounseling.com">info@sanctuarycounseling.com</a></p>	<p>Services include ADHD, Alzheimer's, anger management, anxiety, Asperger's Syndrome, autism, behavioral issues, bipolar disorder, bisexual issues, career counseling, chronic pain or illness, coping skills, depression, divorce, domestic abuse/violence, eating disorders, family conflict, grief, LGBTQ counseling and support, OCD, ODD, relationship issues, and self-esteem.</p>
<p>Spring Mount Counseling Lorraine Side</p>	<p>Lorraine Side, MA, MS, LPC, RN 2151 Deep Creek Road Perkiomenville, PA 18074 215-541-9089 <a href="mailto:LSide@comcast.net">LSide@comcast.net</a></p>	<p>Services for children, teenagers and families. Therapist with 25 years experience working as a LPC, RN in psychiatric nursing. Services include play therapy, art therapy and puppets.</p>

SMART Center Selective Mutism Anxiety Research and Treatment Center	Dr. Elisa Shipon-Blum 505 Old York Road Jenkintown, PA 19046 215-887-5748	Selective Mutism counseling for children and their families.
Spring Ford Counseling	Jennifer Gehret 201 North Fourth Avenue Royersford, PA 19468 610-948-0393 <a href="http://www.springfordcounseling.com">www.springfordcounseling.com</a>	Services for children, adolescents and adults. Individual and family therapy, marital issues, psychotherapy drug and alcohol treatment, education groups, parenting programs SAP team services.
Victim Services of Montgomery County	325 Swede Street Norristown, PA 19401 610-277-0932 Crisis Hotline: 888-521-0983 Rape Hotline: 610-277-5200 Other Serious Crimes: 610-277-4781 <a href="http://www.vscmontpa.org">www.vscmontpa.org</a>	Services for children, adolescents and adults. Crisis counseling, supportive services, support groups, child abuse treatment program, family therapy program, referrals, educational programs, advocacy services, crisis intervention, crime victims law project.
Well-Mind Therapy	Susan Winters-Griste The Commons at Valley Forge 1220 Valley Forge Road Suite 38 Valley Forge, PA 19482 484-686-4915 <a href="mailto:susan@valleyforgetherapy.com">susan@valleyforgetherapy.com</a>	Services for children, adolescents and adults. Individual, family and group counseling to address behavior/school problems, addictions, depression, anxiety and parenting difficulties.

### **PROVIDERS WORKING ONLY WITH ADOLESCENTS:**

Life Counseling	Chris Bonner, LPC 400 Franklin Ave, Suite 240 Phoenixville, PA 19460 888-686-7511 <a href="mailto:cbonner@obhcares.com">cbonner@obhcares.com</a> <a href="http://www.mylightprogram.com">www.mylightprogram.com</a> Life Counseling Services 800-882-2799 <a href="http://www.lifecounseling.org">www.lifecounseling.org</a>	The Light Program: intensive outpatient program for teens ages 12-14, transportation is available.  Life Counseling Services: group therapy, psychiatric evaluations, depression, stress management, grief recovery, divorce recovery, attention deficit/learning problems, psychological testing, child and adolescent behavior problems, emotional trauma, sexual abuse, anxiety and phobias, self-esteem, eating disorders, parenting challenges, substance abuse, Christian counseling
Renee McClure	Anam Cara Farm	Specializes in working with teen girls with anxiety issues, teen life

	<p>2528 Limekiln Road  Douglassville, PA 19518  484-364-3120  <a href="mailto:rmcclure24@gmail.com">rmcclure24@gmail.com</a>  www.reneemcclure.com</p>	<p>coaching, parent consultation and counseling, transition and acclimation to college life</p>
<p>Diane McQueen</p>	<p>542 North Lewis Road  Limerick, PA 19468  610-948-4258  <a href="mailto:dianehmqueen@yahoo.com">dianehmqueen@yahoo.com</a></p>	<p>Counseling services for clients ages 15 and older</p>
<p>Onward Behavioral Health  The Light Program</p>	<p>400 Franklin Avenue  Suite 240  Phoenixville, PA 19460</p> <p>Pottstown office:  2500 East High Street  Building 800  Pottstown, PA 19464  610-644-6464  1-888-686-7511  <a href="http://www.mylightprogram.com">www.mylightprogram.com</a>  <a href="http://www.obhcares.com">www.obhcares.com</a></p>	<p>Services offered to adolescents 11 years of age or older to adults. Intensive Outpatient Program (IOP) providing group treatment for individuals in crisis or struggling to function on a regular basis in school, at work, in family relationships, or at home. Patients/clients who will benefit from this program include individuals struggling with major depressive disorder, bipolar disorder, panic attacks with or without agoraphobia, anxiety disorders (GAD, PTSD, Phobia, OCD).</p> <p>Seeds of Hope specialty programming offer for individuals suffering from eating disorders.</p>
<p>Penn Psychiatric Center</p>	<p>3774 Ridge Pike  Collegeville, PA 19426  610-489-3333</p> <p>601 Gay Street  Suite 6  Phoenixville, PA 19460  610-917-2200  www.ppcmh.com</p>	<p>Outpatient mental health and behavioral health services for adolescents and adults. Individual therapy, group therapy, family therapy, couples therapy, Dialectical Behavioral Therapy (DBT), peer support and Behavioral Health Rehabilitative Services (BHRS)</p>

**PSYCHOLOGISTS, PSYCHIATRISTS and NEUROLOGIST:**

<p>Dr. Jeff Bernstein</p>	<p>430 Exton Commons  Exton, PA 19341  610-280-7282</p>	<p>Licensed psychologist dealing with children and teens, relationships and certified professional coach with over 22 year experience providing child, adolescent, couples and family counseling. Specializes</p>
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	<a href="http://www.drjeffonline.com">www.drjeffonline.com</a>	in helping children, teens and adults with ADHD; works with parents, teachers and others who are responsible for the health/development of young people with ADHD.
Center for Allied Psychiatry & Psychology Services	Dr. Ramesh Eluri 404 East High Street Pottstown, PA 19464 484-973-6661 <a href="http://www.cappscenter.com">www.cappscenter.com</a>	Psychiatrist. Works with addiction and Suboxone treatment, psychotherapy for individuals, families, children, adolescents and group therapy; supervised visitation, testing and screening.
Dr. Kate Farmer	690 Harleysville Pike Harleysville, PA 19438 215-256-9150	Private practice child psychologist who sees children and their families from ages 2-18
Gateway Counseling	Arthur David Hamilrich Dr. Peyman Khoshgavar 634 King Street Pottstown, PA 19464 610-323-8866 <a href="http://gatewaypottstown.com/our-clinicians.html">http://gatewaypottstown.com/our-clinicians.html</a>	Arthur David Hamilrich, Licensed Psychologist Dr. Peyman Khoshgavar, Psychiatrist  Services provided for children, adolescents and adults in the areas of ADHD, PTSD, depression, bi-polar disorder, adoptive relationships. Christian counselor available.
Main Line Health Center for the Family (Child Psychiatrist)	Dr. John P. Williams Dr. Matthew L. Prowler 901 Glenbrook Avenue Bryn Mawr, PA 19010 610-880-0110	Anxiety disorders, including generalized anxiety, obsessive compulsive, and panic disorders; ADHA and disruptive behavior disorders; bipolar disorder, depression, eating disorders, learning disorders, pervasive developmental disorders including autism and Asperger's disorder, substance use disorders, schizophrenia and other psychotic disorders, sexual and gender identity disorders, sleep disorders, somatoform disorders, tic disorders, including Tourette's disorder
Dr. Malcolm McHarg (Neurologist)	430 Park Avenue Collegeville, PA 19426 610-279-7443	Services for children, adolescents and adults. Evaluations for ADD, ADHD and other neurological disorders.
Dr. Ken Seeberger	1200 East High Street #302 Pottstown, PA 19464 610-327-1364 <a href="mailto:KenSeeberger@verizon.net">KenSeeberger@verizon.net</a>	Psychologist providing services for adolescents and adults. Cognitive behavior therapist in practice for about 30 years, treating individuals with anxiety disorders, mood disorders, insomnia and nightmares, interpersonal problems, adjustment and stress related problems, chronic pain and chronic illness.
Yong S. Shin, MD (Psychiatrist)	Yong S. Shin, MD 1630 East High Street – Bldg 4 Pottstown, PA 19464	Services provided by a variety of professionals, including 4 psychiatrists, 1 psychologist, 1 CRNP, psychotherapists and counselors.

	610-327-1631 <a href="http://www.yongshinmd.com">www.yongshinmd.com</a>	
Springfield Psychological (Psychiatrist)	Dr. Vincent Bellwoar King of Prussia Medical Center 491 Allendale Road Suite 320 King of Prussia, PA 19406 610-544-2110 x120 <a href="http://www.springpsych.com">www.springpsych.com</a>	Psychiatric evaluations and services.  Office locations in Havertown, King of Prussia, Lansdale, Springfield and West Chester.

### **IN-PATIENT MENTAL HEALTH FACILITIES:**

Brooke Glen Behavioral Hospital	7170 Lafayette Avenue Fort Washington, PA 19034 215-641-5404 <a href="http://www.brookeglenhospital.com">www.brookeglenhospital.com</a>	Inpatient hospitalization. Support for children ages 5-12 who suffer from mood and anxiety disorders and/or are affected by traumatic experiences; adolescents ages 13-18 who are experiencing anxiety/depression, situational crisis, obsessive compulsive disorder; adult psychiatric assessments, crisis stabilization, relapse prevention, medication review and rehabilitation for an array of psychiatric disorders.
Horsham Clinic	722 East Butler Pike Ambler, PA 19002 215-643-7800 1-800-237-4447 (24 hours)	Inpatient hospitalization. Specializing in mental health and substance abuse issues.

### **BEREAVEMENT COUNSELING:**

Center for Loss and Bereavement	Lois Harris Shirley Elrod 3847 Skippack Pike Box 1299 Skippack, PA 19474-1299 610-222-4110 <a href="http://www.bereavementcenter.org">www.bereavementcenter.org</a>	Grief counseling, support groups, community education, consultations, Nello's Corner (special support group program for grieving children and their families), summer bereavement camp.
Peter's Place	150 North Radnor Chester Rd Suite F130 Radnor, PA 19087 610-687-5150 <a href="http://www.petersplaceonline.org">www.petersplaceonline.org</a>	Peer support groups for children who have experienced the death of a sibling/parent/caregiver for ages 4-17, young adult group ages 18-25. Parent/caregiver support group meets while children are in group. Outreach program providing services to students and school staff, trainings/workshops; on-site school support



## CRISIS COUNSELING:

Access Services	Melissa Dzedzic 500 Office Center Drive Suite 100 Ft. Washington, PA 19034 215-346-7982 x102 <a href="mailto:MRDzedzic@accessservices.org">MRDzedzic@accessservices.org</a> <a href="http://www.accessservices.org">www.accessservices.org</a> <a href="http://www.teentalkline.com">www.teentalkline.com</a>	Children's crisis support (1-888-435-7414) Adult mobile crisis support (1-855-634-4673) Teen talk line – calls (866-825-5856) Teen talk line – texting (215-703-8411) Peer support talk line – ages 18+ (855-715-8255)
Valley Creek Crisis Center	469 Creamery Way Exton, PA 19341 (610) 280-3270 <a href="http://chescocrisis.holcomb-bhs.org/">http://chescocrisis.holcomb-bhs.org/</a>	Services include telephone crisis counseling, consumer run warm line, a crisis walk in center, and community based mobile outreach.
Victim Services of Montgomery County	325 Swede Street Norristown, PA 19401 610-277-0932 Crisis Hotline: 888-521-0983 Rape Hotline: 610-277-5200 Other Serious Crimes: 610-277-4781 <a href="http://www.vscmontpa.org">www.vscmontpa.org</a>	Services for children, adolescents and adults. Crisis counseling, supportive services, support groups, child abuse treatment program, family therapy program, referrals, educational programs, advocacy services, crisis intervention, crime victims law project.

## DRUG AND ALCOHOL COUNSELING:

Central Montgomery Mental Health	1201 DeKalb Street Norristown, PA 19401 610-279-9270 <a href="http://www.centralmhmr.org/orchard">www.centralmhmr.org/orchard</a>	Outpatient services for all age groups (pre-school to teens to seniors); wraparound services; family based services; substance abuse intervention for adolescents and adults; preschool intervention program designed to meet the needs of children ages 3 to 5 who have behavioral, social and emotional difficulties
Chester Counseling Center	Brad Ramsey 1041 West Bridge Street Suite 7 Phoenixville, PA 19460 610-933-8880 <a href="http://www.chestercounselingcenter.org/">http://www.chestercounselingcenter.org/</a>	Screening, assessment, intervention, substance abuse treatment, individual, group and family counseling, DUI group, forensics group/drug court, specialized programming for Spanish speaking only persons, dual disorder groups
Council for	317 Exton Commons	Services include, but are not limited to, relationship/marital issues,

Relationships	Exton, PA 19344 610-594-9808 <a href="http://www.councilforrelationships.org">www.councilforrelationships.org</a> *Multiple locations	bereavement, chronic illness, child and adolescent problems, addiction, LGBT issues, trauma, eating disorders, depression and anxiety. All individuals, couples and families from the Greater Philadelphia area are welcome, with services available in nine locations throughout the region.
Fairview Counseling Center	Lynne Rittenhouse 2960 W Germantown Pike Fairview Village, PA 19403 (610) 630-8540 <a href="http://www.fairviewcounseling.com/">http://www.fairviewcounseling.com/</a>	Counseling services to address depression, anxiety, stress, family and childhood difficulties, divorce, drug and alcohol issues, eating disorders, and gender issues.
Innovative Counseling Associates	Kathy Walters David Hildebrand 601 Creekside Drive Suite 601 Pottstown, PA 19464 610-326-2728 <a href="http://innovativecounseling.info/">http://innovativecounseling.info/</a>	Individual and family counseling services for children, adolescents and adults, dealing with stress/anxiety, depression, parenting skills, marriage, crisis intervention, alcohol and drugs, interpersonal relationships, job/school difficulties, self-control, weight control, DUI counseling, children of chemically dependent persons, relapse prevention
Life Counseling	Chris Bonner, LPC 400 Franklin Ave, Suite 240 Phoenixville, PA 19460 888-686-7511 <a href="mailto:cbonner@obhcares.com">cbonner@obhcares.com</a> <a href="http://www.mylightprogram.com">www.mylightprogram.com</a> Life Counseling Services 800-882-2799 <a href="http://www.lifecounseling.org">www.lifecounseling.org</a>	The Light Program: intensive outpatient program for teens ages 12-14, transportation is available.  Life Counseling Services: group therapy, psychiatric evaluations, depression, stress management, grief recovery, divorce recovery, attention deficit/learning problems, psychological testing, child and adolescent behavior problems, emotional trauma, sexual abuse, anxiety and phobias, self-esteem, eating disorders, parenting challenges, substance abuse, Christian counseling
Onward Behavioral Health Rehab After Work Rehab After School	400 Franklin Avenue Suite 240 Phoenixville, PA 19460 610-644-6464 1-800-238-4357 <a href="http://www.rehabafterwork.com">www.rehabafterwork.com</a> <a href="http://www.obhcares.com">www.obhcares.com</a>	Individual outpatient drug and alcohol treatment program.  Services offered to adolescents between the ages of 14-18 who are experiencing problems from alcohol and drug use. Works closely with parents and schools in a teamwork approach aimed at promoting abstinence from alcohol and drugs.
Psychology and Counseling Associates	Dr. Jeffrey Walters, Dr. Susan Edgar Smith	Individual, family, couples and psychiatric therapy. Evaluations/medication management, marital therapy, stress management, parenting skills training, EDMR, hypnosis, cognitive

	<p>555 Second Avenue Collegeville, PA 19426 610-489-6240</p> <p>2091 East High Street Pottstown, PA 19464 610-970-5234</p> <p>595 Bethlehem Pike Montgomeryville, PA 18936 215-822-5553</p> <p><a href="http://www.psychologyandcounseling.net">www.psychologyandcounseling.net</a></p>	<p>behavioral therapy for insomnia, groups and workshops.</p> <p>Psychotherapy for children, adolescents, and adult dealing with depression, anxiety, bipolar disorder, behavior and school problems, emotional health, abuse issues, addictions, anger, eating disorders, marital conflict/relationship issues, separation/divorce, ADHD, adult children of dysfunctional families, chronic pain, developmental delay, teen issues, aging issues, stress, PTSD, trauma, sleep issues, chronic dissatisfaction, grief, self-esteem, parenting concerns and coping with medical illness.</p>
<p>Psychotherapist at The Weldon Center</p>	<p>Molly Miller 101 Lindenwood Drive Malvern, PA 19355 610-425-7311 <a href="http://www.MollyMillerTherapy.com">www.MollyMillerTherapy.com</a></p>	<p>Services for children, adolescents and adults; individual, family and couples therapy and career counseling. Areas of focus: ADD, anger management/impulse control, anxiety disorders, behavioral, emotional and school difficulties in children, bipolar disorder, bullying, chaotic eating, chronic illness, co-occurring disorders/substance abuse, cutting behaviors, depression/mood disorders, effective communication, family conflict, parenting, parental stress, sibling difficulties, grief/loss, LGBTQ issues, parental divorce, play therapy, relationship difficulties between parent/child, self-compassion, stress, thought disorders, trauma and weight loss.</p>
<p>Spring Ford Counseling</p>	<p>Jennifer Gehret 201 North Fourth Avenue Royersford, PA 19468 610-948-0393 <a href="http://www.springfordcounseling.com">www.springfordcounseling.com</a></p>	<p>Services for children, adolescents and adults. Individual and family therapy, marital issues, psychotherapy drug and alcohol treatment, education groups, parenting programs SAP team services.</p>
<p>Well-Mind Therapy</p>	<p>Susan Winters-Griste The Commons at Valley Forge 1220 Valley Forge Road Suite 38 Valley Forge, PA 19482 484-686-4915 <a href="mailto:susan@valleyforgetherapy.com">susan@valleyforgetherapy.com</a></p>	<p>Services for children, adolescents and adults. Individual, family and group counseling to address behavior/school problems, addictions, depression, anxiety and parenting difficulties.</p>

**FAMILY SERVICES:**

<p>Family Services of Montgomery County</p>	<p>3125 Ridge Pike Eagleville, PA 19403 610-630-2111</p> <p>Pottstown Office: 1976 East High Street Pottstown, PA 19464 610-326-1610</p> <p><a href="http://fsmontco.org/">http://fsmontco.org/</a></p>	<p>Programs for families including: Foster grandparent program, Staying connected with your teen, Love and logic parent program, Communities that care for youth, Project HOPE (HIV/AIDS outreach prevention education), Volunteer income tax assistance</p> <p>Pottstown Family Center offers services including: Parent-child playgroups, Parent education workshops, Pregnant and parenting teen program, SHARE food program, Toy and book lending library</p>
<p>Montgomery County Community Connections</p>	<p>364 King Street Pottstown, PA 19464 610-970-2979</p> <p>421 West Main Street Lansdale, PA 19446 267-263-0048</p> <p><a href="http://www.montcopa.org/communityconnections">www.montcopa.org/communityconnections</a></p>	<p>Navicates (navigator and advocate) to assist in accessing human service resources, such as veteran's affairs, clothing, childcare/CCIS, behavioral health/developmental disabilities, drug and alcohol, affordable healthcare, housing, taxes, women's health, early childhood education, aging and adult services, and affordable legal advice.</p>
<p>Open Hearth, Inc.</p>	<p>Nettie Wolfe Silva 101 North Main Street Suite A-1 Spring City, PA 19475 610-792-9282 x206</p> <p><a href="http://www.openhearthinc.com">www.openhearthinc.com</a></p>	<p>Non-profit organization offering programs and endeavors to develop innovative ways to create affordable housing opportunities for those who have been excluded from the housing market, provide access to a means of transportation, and teach financial enhancement skills.</p> <p>Services offered to at-risk populations, low-income households, people with disabilities, single parents, and the homeless. Services are limited to Chester County, focusing on Spring City and Phoenixville and Western Montgomery County, focusing on Pottstown and Royersford, and the immediate areas surrounding these vicinities</p>
<p>Victim Services of Montgomery County</p>	<p>325 Swede Street Norristown, PA 19401 610-277-0932</p> <p>Crisis Hotline: 888-521-0983 Rape Hotline: 610-277-5200 Other Serious Crimes: 610-277-4781</p> <p><a href="http://www.vscmontpa.org">www.vscmontpa.org</a></p>	<p>Services for children, adolescents and adults. Crisis counseling, supportive services, support groups, child abuse treatment program, family therapy program, referrals, educational programs, advocacy services, crisis intervention, crime victims law project.</p>
<p>Women's Bridge</p>	<p>Fran Snyder</p>	<p>Services for women for identification of critical needs -housing, food &amp;</p>

Resource Center Mailing Address: PO Box 372 Eagleville, PA 19408	3125 Ridge Pike Suite D Eagleville, PA 19403 610-761-1707 <a href="mailto:Wbrc9407@gmail.com">Wbrc9407@gmail.com</a> <a href="http://www.womensbridgecenter.org">www.womensbridgecenter.org</a>	clothing, employment, health, education, financial, parenting & legal issues, escaping domestic violence AND help with action plans, referrals, resume preparation, job search & interview and parenting skills.
Women's Center of Montgomery County	Jeanine Kelly 107 East Main Street Norristown, PA 19401 610-279-1548 6 Montco Locations: Elkins Park, Norristown, Pottstown, Bryn Mawr, Lansdale, Colmar 24/7: 1-800-773-2424 <a href="http://www.wcmontco.org">www.wcmontco.org</a>	Counseling services, information, educational and enrichment services, legal and medical advocacy.

### **MEDICAL and DENTAL SERVICES:**

Community Health and Dental Care	2 Locations: 700 Heritage Drive Pottstown, PA 19464 610-326-9460  11 Robinson St #100, Pottstown, PA 19464 610-326-9460 <a href="http://www.ch-dc.org">www.ch-dc.org</a>	Medical and dental services for uninsured or low income families. Free shuttle transportation program
Health Care Access	732 Wheatland Street, Suite 2C, Phoenixville, PA 19460 610-935-3165 Toll free: 877-765-0477 <a href="http://www.hcaphoenixville.org">www.hcaphoenixville.org</a>	Assistance with vision care, medications, dental care, and mammograms
Shriner's Hospital	Carol Rodenhausen 3551 North Broad Street Philadelphia, PA 19140 215-430-4105 <a href="mailto:cmrody@yahoo.com">cmrody@yahoo.com</a>	Medical treatment for children whose families are uninsured or cannot afford treatment.

**PLAY THERAPY:**

<p>Psychotherapist at The Weldon Center</p>	<p>Molly Miller 101 Lindenwood Drive Malvern, PA 19355 610-425-7311 <a href="http://www.MollyMillerTherapy.com">www.MollyMillerTherapy.com</a></p>	<p>Services for children, adolescents and adults; individual, family and couples therapy and career counseling. Areas of focus: ADD, anger management/impulse control, anxiety disorders, behavioral, emotional and school difficulties in children, bipolar disorder, bullying, chaotic eating, chronic illness, co-occurring disorders/substance abuse, cutting behaviors, depression/mood disorders, effective communication, family conflict, parenting, parental stress, sibling difficulties, grief/loss, LGBTQ issues, parental divorce, play therapy, relationship difficulties between parent/child, self-compassion, stress, thought disorders, trauma and weight loss.</p>
<p>Shelby Riley</p>	<p>233 Byers Road Suite 7 Chester Springs, PA 19425 610-883-3333 <a href="http://www.ShelbyRileyMFT.com">www.ShelbyRileyMFT.com</a> <a href="http://www.FamilyHelpToday.com">www.FamilyHelpToday.com</a></p>	<p>Services for children, teens and adults. Individual, couple, family, play and sand tray, and group therapy--managing life transitions, resolving issues of trauma and abuse, improving family relationships</p>
<p>Spring Mount Counseling Lorraine Side</p>	<p>Lorraine Side, MA, MS, LPC, RN 2151 Deep Creek Road Perkiomenville, PA 18074 215-541-9089 <a href="mailto:LSide@comcast.net">LSide@comcast.net</a></p>	<p>Services for children, teenagers and families. Therapist with 25 years experience working as a LPC, RN in psychiatric nursing. Services include play therapy, art therapy and puppets.</p>